

2016 Updated Edition

inPractice[®] Africa

A Guide to *inPractice* Africa:
An Online and Offline Reference
and Learning Resource



inPractice[®] Africa: A Revolutionary Resource for South African Clinicians

inPractice[®] Africa is an online and offline reference and learning resource for South African clinicians. It is an easy-to-use point-of-care reference tool.

- For structured training, study the modules and earn CPD credits and certificates for completing each curriculum.
- For specific queries and point-of-care questions, conduct a search to view results from all of the modules, the guidelines, and the drug database.

With *inPractice* Africa, you can earn CPD credit and certificates and access expert clinical support via phone, SMS, or email.

Welcome

inPractice® Africa is a continually updated reference and learning resource for South African clinicians, available both online and offline. Originally launched in 2013, it was relaunched with new features in July 2016. The program provides continuing professional development certificate programs, practice guidelines, and drug reference information, as well as referral clinical support. inPractice® Africa is also available for offline use as downloadable apps for tablets, smartphones, and Windows PCs.

How It Works

inPractice® Africa is designed to be used in 2 ways:


- Search and efficiently find the information you need to care for individual patients
- Study complete modules and earn credit


The 3 curricula offered through inPractice® Africa each contain learning modules that can be completed in any order. By passing the posttest in each module, physicians can earn CPD credits and other participants can receive a participation certificate. Users who complete all of the modules that make up a curriculum will receive a certificate of curriculum completion from FPD.


Curricula

- ▶ **Applying South Africa National Guidelines on Antiretroviral Therapy**
 Comprehensive 10-chapter curriculum on the use of antiretroviral therapy in South Africa:
- ▶ Identify and prepare patients for treatment, recommended regimens, monitoring treatment, managing adverse effects, treatment failure, and considerations in specific populations including women, children, and patients with advanced disease.
- ▶ **Management of Tuberculosis in HIV-Coinfected Patients**
 5 chapters detailing:
 - ▶ The prevention, diagnosis, and treatment of drug-sensitive and drug-resistant tuberculosis in HIV-infected patients in South Africa.
- ▶ **Nursing Care of HIV-Infected Patients**
 A 10-chapter comprehensive curriculum designed to provide nurses and nurse managers with guidance on diverse aspects of HIV care, including:
 - ▶ Models of service delivery, management of antiretroviral therapy, and on-treatment considerations such as adverse events, adherence, and care of specific populations including women, children, and tuberculosis-coinfected patients.

How to Get Started

 First, register with inPractice® Africa, then you can access the online content. [Click here](#) to register.

 inPractice® Africa includes apps for Apple tablets and smartphones, Android tablets and smartphones, and Windows PCs. [Click here](#) for more information on the apps.

 Start learning now. To search for the information you need, enter a search term in the search bar in the upper right-hand corner. To browse the curricula, click on "Certification Programs" in the horizontal navigation bar.

 Need technical support? [Click the help link](#) above.

▶ For a [user guide \(PDF\)](#) with more information on how to use this site, [click here](#).

Additional Resources

inPractice® Africa also includes the following *South Africa-specific* resources on HIV/AIDS and TB:

- ▶ [Drug Database](#)
- ▶ [Guidelines](#)
- ▶ [Clinical Support](#) (hotline for further clinical questions and support)

Getting Started

You can use *inPractice Africa* via the Web site or using our apps for Android or Apple phones and tablets, or our installable version for Windows PCs.

Using the Web site

Visit *inPracticeAfrica.com* in your Web browser and click Login in the top-right corner. If you previously registered on the Web site, you can enter your username (email address) and password in the left-hand panel.

Note: If you previously registered a “local account” (explained below) in our apps for mobile devices or Windows PCs, that is not sufficient to log in to the Web site. You will need to complete the Web site registration as well.

If you have not previously registered on the Web site, complete the form on the right-hand side. Required fields are indicated with a red asterisk.

Installing the app for Android phones and tablets

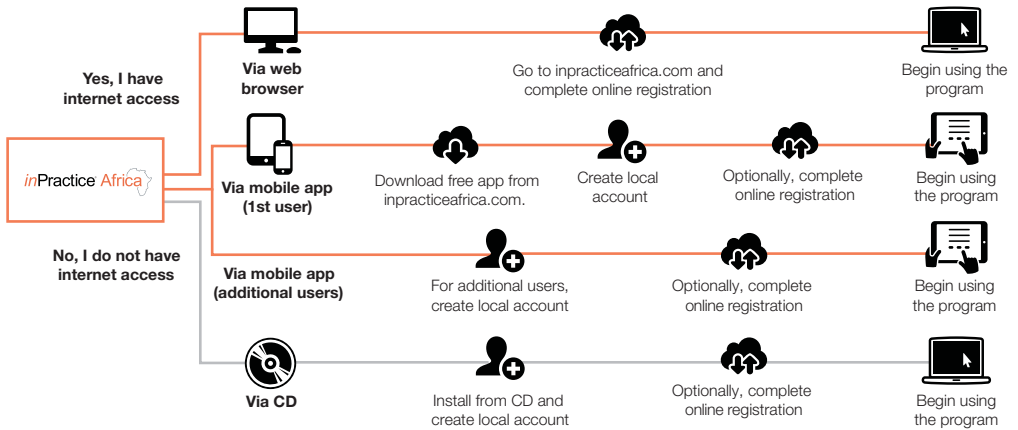
To install the Android app, you must download it from the Google Play app store. You can find the app by launching Google Play on your Android device then searching for “*inPractice Africa*”. Alternatively, visit <http://www.inpracticeafrica.com/Pages/Mobile-Access.aspx> using the web browser on your Android device, then click the Android button on the left-hand side.

You must have a Google account to download apps from the Google Play app store. If you do not currently have a Google account, create one at <https://accounts.google.com/SignUp>

Using *inPractice Africa* Offline

The Android, Apple, and Windows apps enable you to use *inPractice Africa* offline, while your phone, tablet, or PC is not connected to the Internet. The module content and other resources are saved directly on your device, so you don't have to be online to use them.

If and when you do connect your device to the Internet, start your *inPractice Africa* app to enable it to download any updates to the content and ensure you are following the latest guidelines and expert recommendations when caring for your patients.



Installing the app for iPhones and iPads

To install the Apple app, you must download it from the *inPractice Africa* site. It is NOT currently available in the iTunes app store. Visit <http://apps.inpracticeafrica.com/ios2/app/> using the web browser on your Apple device then follow the instructions that will be displayed.

Installing the app for Windows PCs

The *inPractice Africa* app for Windows PCs can be used on devices running Windows XP or later versions. It is available on CD-ROM by emailing customersupport@clinicaloptions.com or you can download an installer from <http://apps.inpracticeafrica.com>

Detailed installation instructions are included in the leaflet in the CD sleeve.

Please note the following key points:

- The setup process will check whether your computer needs updated versions of Chrome (including Google Update) and Java, which are programs required by *inPractice Africa*. If these are absent or outdated, the setup process will install them from the CD-ROM. Please approve these installation requests, as well as any request to allow Java to communicate through your computer's firewall.

Setting Up the Mobile Apps

After you have installed the *inPractice* app for your Apple, Android, or Windows device, run it by finding the *inPractice Africa* icon in your device's collection of installed apps.

When you run the Apple or Android apps for the first time, they will download additional content that enables them to work offline. So make sure you are in a place where you can download data (ideally over WiFi) quickly and without excessive mobile data costs. The CD-ROM version of the Windows app includes this content on the CD-ROM. However, if the content has been updated since we produced the CD-ROM, the Windows version will also ask if you want to download those updates if you are online.

In addition, when you first run any of the apps, they will ask you to create a "local account" on your device. This account is saved on your computer and is how *inPractice Africa* identifies you whenever you launch the application, even when you are offline. If more than one person uses your device, each person should have their own local account to keep their activity (such as answering case-based questions) separate from other users.

Some features of the apps (such as claiming CPD credit or a participation certificate for completing modules) are only available after you complete full registration while online. The apps will prompt you to complete this at the appropriate moment, (eg, when you try to claim credit), or you can complete full registration from the Help button.

Certification Programs

inPractice Africa offers 3 curricula:

- Applying South African National Guidelines on Antiretroviral Therapy
- Management of Tuberculosis in HIV-Coinfected Patients
- Nursing Care of HIV-Infected Patients

The content for physicians is accredited for CPD credits by the South African Medical Association. Physicians can earn 3 CPD points for successfully completing the posttest (70% pass rate) in each physician-focused module. Other users will receive a participation certificate for successfully completing the posttest in any module.

Certification Programs

The screenshot displays the inPractice Africa website interface. At the top right, there is a user greeting "Welcome, John Doe" and navigation links for "My Certification Manager", "Bookmarks", and "Logout". The inPractice Africa logo is on the left, with the tagline "Information inTime | Education inDepth". A search bar is located in the top right, containing the text "Search point-of-care reference resources..." and a "GO" button. Below the search bar is a horizontal navigation menu with links for "Home", "Certification Programs", "Drug Database", "Guidelines", "Clinical Support", and "Help". The main content area is divided into two columns. The left column is titled "About Certificate Programs" and contains text explaining that three curricula are offered through inPractice Africa, each consisting of learning modules. After completing the posttest in each module, users receive either CPD credits (for physicians) or a participation certificate (for other users). When all modules in a curriculum are successfully completed, users receive a certificate from FPD recognizing their achievement. The right column is titled "Certification Programs" and lists three programs with expandable arrows: "Applying South African National Guidelines on Antiretroviral Therapy", "Management of TB in HIV-Coinfected Patients", and "Nursing Care of HIV-Infected Patients".

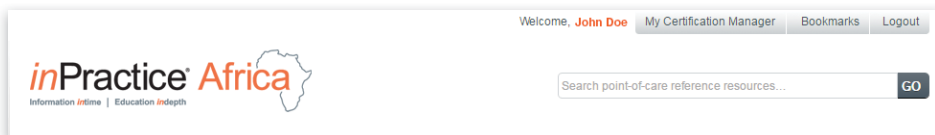
Search, Browse, and Bookmark Content

With *inPractice* Africa, you can search, browse or bookmark clinical information. The search feature retrieves information from all *inPractice* Africa resources:

- **Program curricula and associated modules**
- **Drug database**
- **Practice guidelines**

Bookmarks create your personal “bookshelf.” As you browse content, you can bookmark sections and pages that are most relevant to your work.

Search



Browse

Welcome, **John Doe** | [My Certification Manager](#) | [Bookmarks](#) | [Logout](#)

inPractice Africa
Information *in*time | Education *in*depth

Search point-of-care reference resources... **GO**

[Home](#) | [Certification Programs](#) | [Drug Database](#) | [Guidelines](#) | [Clinical Support](#) | [Help](#)

About Certificate Programs

Three curricula are offered through inPractice@ Africa. Each curriculum consists of learning modules that you may complete in any order. After completing the posttest in each module you will receive either CPD credits (for physicians) or a participation certificate (for other users). When you have successfully completed all modules in a curriculum, you will receive a certificate from FPD recognizing your achievement.

Certification Programs

▼ **Applying South African National Guidelines on Antiretroviral Therapy**

1-1 The Initial Assessment of the HIV-Infected Patient
Authors: Ashraf Grimwood, MBChB, MPH; Joel E. Gallant, MD, MPH
Editor In Chief: Ian M. Sanne, MBBCh, FCP(SA)
Last Reviewed: July 8, 2016
Abstract: Although HIV prevalence has stabilised at approximately 12% in South Africa.&nbs... (more)

1-2 The South African Antiretroviral Armamentarium
Authors: Ian M. Sanne, MBBCh, FCP(SA); Brian Gazzard, MA, MD, FRCP
Editor In Chief: Ian M. Sanne, MBBCh, FCP(SA)
Last Reviewed: July 8, 2016
Abstract: In the course of the 30 years since the identification of HIV infection, more th... (more)

Bookmark

Welcome, **John Doe** | [My Certification Manager](#) | [Bookmarks](#) | [Logout](#)

inPractice Africa
Information *in*time | Education *in*depth

Search point-of-care reference resources... **GO**

[Home](#) | [Certification Programs](#) | [Drug Database](#) | [Guidelines](#) | [Clinical Support](#) | [Help](#)

About Bookmarks

Bookmarks are your personal reading bookshelf. As you browse content, you can bookmark sections and pages that are most relevant to your work. You can then view your saved bookmarks on this page.

Bookshelf

| Saved Pages | Action | Date |
|-------------|--------|------|
| | | |

| Recent Searches | Date |
|-----------------|------|
| | |

My Certification Manager

Claim Credits and Earn Certificates

inPractice makes it easy to claim credit and receive certification for your work on the site.


Module Certificates

1. You can earn a certificate for successfully completing each individual module in *inPractice* Africa. Physicians are eligible for a CPD certificate (except on modules that focus on nursing care) and everyone else is eligible for a participation certificate
2. To claim a certificate, please ensure your *inPractice* Africa profile is complete. You can access your profile by clicking your name, displayed in orange text at the top of the screen, while logged into the Web site
3. Once you have reviewed and studied the content for a module, click the Claim Credit button.
4. You will be presented with 20 questions that are directly relevant to the module content.
5. Upon completion of the 20 questions, click the Submit button. You must get 70% (14 out of 20) questions correct to claim credit.
6. If you do not pass the first time, you will get a second chance to take the test. One half of the questions will be different in the second version of the test.
7. After you have passed a test, please complete the module evaluation as it will help improve *inPractice* Africa curricula.

The Certification Manager link at the top of the screen stores all the module certificates you have earned while using *inPractice* Africa. It also lets you see at a glance which modules you have not yet started.

My Certification Manager

Welcome, **John Doe** | [My Certification Manager](#) | [Bookmarks](#) | [Logout](#)



Information *in*time | Education *in*depth

GO

Home
Certification Programs
Drug Database
Guidelines
Clinical Support
Help

About Certification Manager

Certification Manager is your personalized tracker for your learning. Here, you can manage which modules you have reviewed, which tests you have taken, and which certificates you have earned. You can earn CPD credits/certificates or certificates of completion (depending on your profession) for successfully completing the posttests in individual modules (70% pass rate). You must successfully complete all module posttests in a curriculum in order to earn a certificate of curriculum completion, which will be sent to you by FPD. Please see the user guide to learn more about earning credits and certificates.

Your Personalized Summary

| Certification Program | Status | Total CPD Credits |
|--|-------------|-------------------|
| Applying South African National Guidelines on Antiretroviral Therapy | Not started | -- |
| Management of TB in HIV-Coinfected Patients | Not started | -- |
| Nursing Care of HIV-Infected Patients | Not started | -- |

Applying South African National Guidelines on Antiretroviral Therapy

| Module Name | Status | CPD Credits Awarded <small>*Note: you must be online to earn credit</small> | Certificate <small>*Note: you must be online to claim your certificate</small> |
|---|-------------|--|---|
| The Initial Assessment of the HIV-Infected Patient | Not started | -- | -- |
| The South African Antiretroviral Armamentarium | Not started | -- | -- |
| Starting Adult Patients on Antiretroviral Therapy in South Africa | Not started | -- | -- |
| Laboratory Assays in the Management of Antiretroviral Therapy | Not started | -- | -- |

Program Certificates

If you successfully pass the posttest for all of the modules in a curriculum, you are eligible to receive an additional certificate of completion from FPD. The hard copy certificate will be automatically mailed to you at the address provided in your profile.

Customer Support: How to Contact Us for Help

Clinical Support

For additional clinical support, contact the National HIV & TB Health Care Worker Hotline toll free at: **0800 212 506/021 406 6782**.

You may also send an SMS “Please Call Me” to **071 840 1572** to receive a call from the support hotline.

Customer Support

For general information and customer service, email customersupport@inpracticeafrica.com

For technical support, email: techhelp@inpracticeafrica.com

For questions or comments on *inPractice Africa* content, email: editor@clinicaloptions.com

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Endorsed by the Southern African HIV Clinicians Society



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